



# Desk Control Apps

## How to use the App

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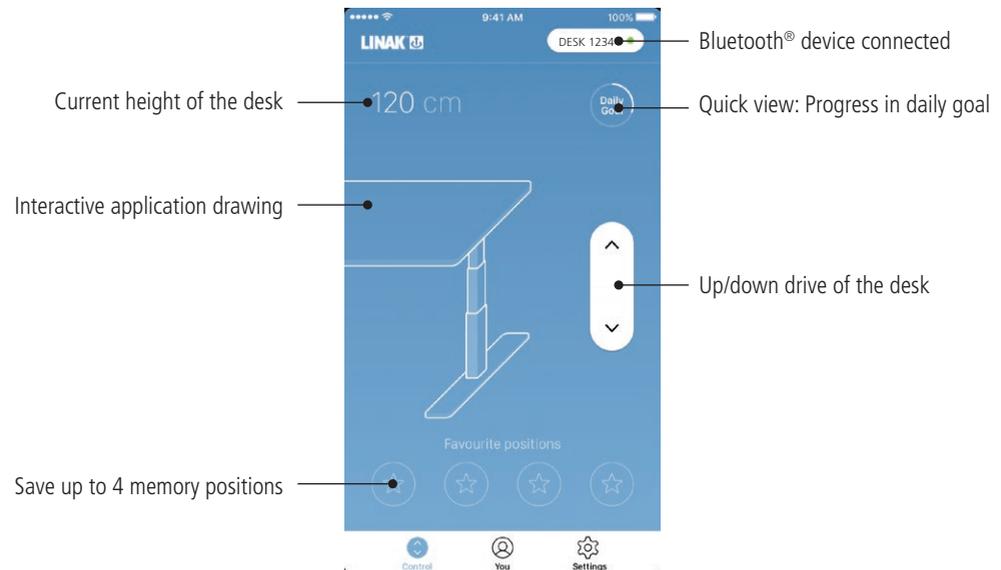
## How to use the app

The Desk Control™ App consists of 3 different tabs to navigate between; "Control", "You" and "Settings"

-   
Control Adjustment of the desk (if supported by connected the device)
-   
You Statistics of the usage of the desk
-   
Settings All settings

## Control

This is the landing page after the Bluetooth® connection is established. The functionality of the control page depends on the product to which app is connected. The screen below shows when the app is connected to a "full version" of a DPG or Bluetooth® Adapter. When the connection is with a "Limited version" of the DPG or Bluetooth® Adapter; Adjustment of the desk through the app will not be possible and the memory positions will only be for saving the positions not adjusting to them via the app. The graphics will adjust to the possibilities.



## Up/down drive

Moves the application upwards/downwards while pressing and holding the button.

## Bluetooth® device

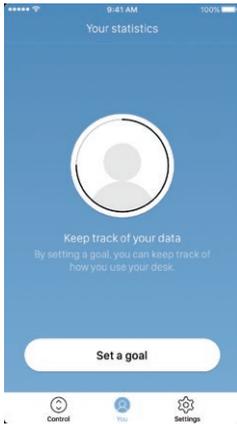
Leads back to "Desks nearby" and lets the user connect to another product in pairing mode

## You

"You" is the page for setting the daily goal of standing at the desk.

The first time you press the "You"-tab will require following input:

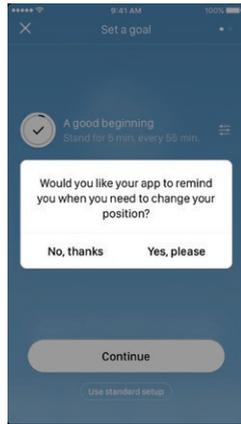
- Choose a goal of sitting and standing. Choose a predefined one or customise it by pressing the symbol to the right.
- Choose if the smart device should remind via pop-up notifications when it is time to change position
- Type in height and weight of the user to calculate the calories burned.



First time setup view



Choose the sit/stand interval

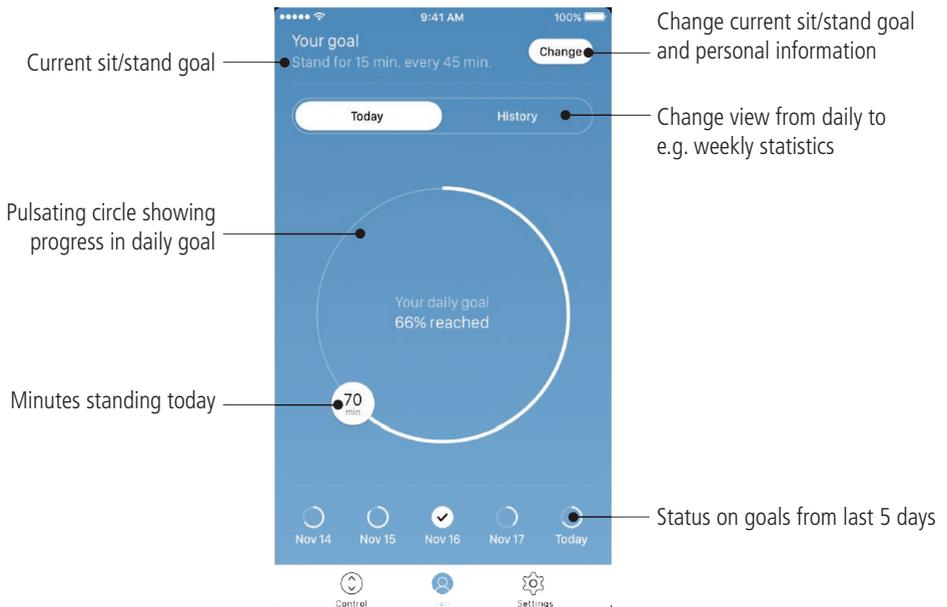


Choose to have a reminder notifications



Type user data in

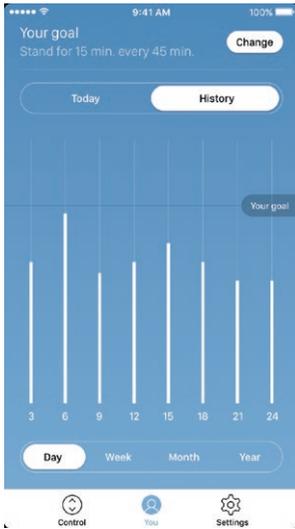
With these input given the statistics page is ready for use, see the screen below for features:



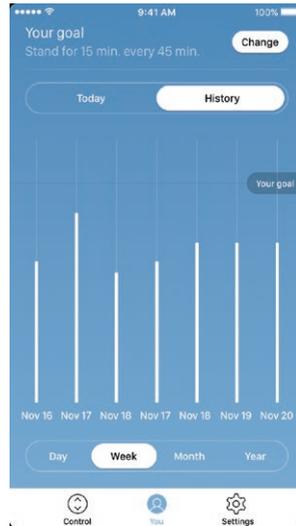
Please note: If an interval for sitting/standing has already been chosen via the DPG, these settings will be shown when opening the app.

## History

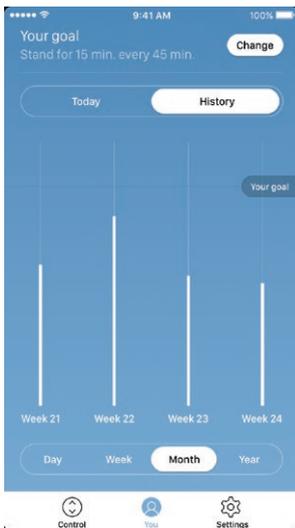
When sliding the slider from "Today" to "History", the complete statistic of the app will be shown. The bars show the statistics according to the horizontal line, which represents the goal. It is possible to get daily, weekly, monthly and yearly views by using the slider below the graphs. When mousing over on computers or pressing the bar on phones, a small window will inform about the amount of standing time and the corresponding calories for the chosen period.



*Daily view: Hourly divided*



*Weekly view: Daily divided*



*Monthly view: Weekly divided*



*Yearly view: Monthly divided*